

Geneva Township Senior Center 400 Wheeler Drive Geneva, IL 60134

Geneva Township Officials

J. Patrick Jaeger, Supervisor Sharon Brazill, Trustee Denise LaCure, Trustee Dick Sharp, Trustee Mark Wissing, Trustee

Gayle Kennedy, Director



March Special Interest

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March



Senior Center Newsletter

Got the 401k Blues?

With today's economy many people are finding that the monthly income from their investments is no longer keeping up with their monthly expenses. More and more people are turning to a Reverse Mortgage to



alleviate the monthly income blues. If you're 62 or older and want to find out "everything you've ever wanted to know" about Reverse Mortgages, please join us on Monday, March 16 at 10:30. **Jim Raue** will answer all of your questions and clear up the many myths about Reverse Mortgages.

March 16th Pre St. Paddy's Day Free Lunch

Following the presentation by **Jim Raue**, (see above) we're having our monthly free lunch at 11:30 for all Geneva Township residents aged 55+ and members of the Senior Center. **The Little Owl** will cater the luncheon with corned beef and cabbage. Please make a reservation for the presentation and/or the free lunch. Due to space limitations, lunch reservations are limited to only 120 people. Also, when you call for your reservation, please let us know if this is your birthday month. We want to celebrate with you!

What's New at the History Center

Meet Geneva History Center Educator **Margaret Selakovich** on Wednesday, March 11, 2009 at 1:00 at the Senior Center. Margaret will go over the many interesting programs and events offered through the History Center in which you can participate. For example, the Pub Crawl on Saturday, March 21, where participants will have the opportunity to learn more about past and present drinking establishments in Geneva. And then there's the LEGO Show which takes place on April 25 and 26 and is for people of all ages, especially your grandchildren! Learn about each of these events and more at Margaret's presentation.

Happy St. Patrick's Day!

Wear something green and come to the Senior Center to celebrate St. Patrick's Day on Tuesday, March 17 at 9:00. We will be offering a continental breakfast of coffee, fruit and bagels, and we will have the Wii game system available for you to play video bowling and golf among other games. The Wii games are entertaining and encourage you to move about and stretch. Come check it out. Let us know if you plan to join us. Remember, everyone is a little Irish on St. Patrick's Day!

2009

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

Hours: Monday - Friday 8:30 to 4:30

The American Association for Wartime Veterans (AAWV)

Attention wartime veterans and surviving spouses and family members: The AAWV will be conducting a 45-minute seminar on Monday, March 9, at 10:30 regarding the Aid & Attendance Benefit for wartime veterans and their spouses. Details will be given on the criteria and application process required to receive this benefit. This information may not be applicable for you right now: however it is something important to be aware of for the future. Please let Gayle know if you plan on attending this presentation.

Looking for a Good Read?

The library at the Senior Center has been organized! Thank you to **Candy Briestansky** and **Gail Jankowski** for donating an afternoon to organize our books by genre. The books are organized by fiction, mystery, romance or large print and then alphabetized to make it easy to find a good book. We invite you to browse through the collections and find a book to borrow, we only ask you to please return it when finished. If you have a good book that you would like to share with others, donate it by dropping it off!

Preventing Fires and Falls in Your Home

Be informed: learn ways to prevent fires and falls in your home. Fire prevention topics to be covered include being kitchen wise, use of smoke detectors and what "Stop, Drop and Roll" is. You will also learn eight techniques to help you from falling while at home. This presentation will be given by **Lt. Kevin Williams** of the Kane County Sheriff's Department and **Cherie Aschenbrenner**, Elderly Service Officer of the Elgin Police Department. Put Monday, March 23, at 1:00 on your calendar for this informative presentation.

Craft of the Month

Friday, March 20, at 1:00 we will be making clothespin picture holders, led by **Megan Bockenhauer** from the Scrap Shack in St. Charles. A sample of this adorable picture holder will be on display at the Senior Center. Be sure to sign up if you plan to attend to insure that we have enough supplies.

We've Got Trouble!

Trouble with a capital "T" which rhymes with "P" and that stands for Pool! Well, either we're closing our eyes



to a situation we do not wish to acknowledge, or we are not aware of the caliber of disaster indicated by the presence of a pool table at the Senior Center,

(paraphrasing Prof. H. Hill). Due to the demands of some of the guys, there is now a pool table in the Senior Center. There are various tools to assist beginners in learning the game. All are welcome to enjoy this new and beautiful amenity. Rack 'em up!

Bridge Lessons, Part 2

We are offering a new series of six bridge lessons following Audrey Grants' second book, **Bridge Basics 2**. This session will take beginning bridge players to the next level of play. **Lois Hoyer** has agreed to teach a series of 6 lessons on Mondays, beginning on March 9 at 1:30. Call Gayle to make your reservation.

Book of the Month for March

Do you enjoy reading and sharing your insights? Or simply listening to others share varying viewpoints? Maybe our book club discussions are for you. The book club has selected **The Shack** by William P. Young, as their March book selection. This popular fiction book will encourage a lively discussion as it is controversial and thought provoking. The Book Club meets on the fourth Monday of the month, March 23, at 10:30.

Spotlight on a STAR Volunteer...



Pat Mitchell is our star volunteer of the month! Many people are familiar with Pat from the ever popular Pat's Chat group that meets on Monday mornings at 9:30. Pat offers a welcome and a friendly smile to every person he meets, encouraging them to join him for some coffee and a chat. Pat was born in Ireland and came to the States in 1948, was drafted into the army, then became a U.S. citizen. Pat was married to Patricia for 53 years, has 3 children and 6 grandchildren. Five years ago, after living in Glen Ellyn for 30 years, Pat moved to a condo on the river in Geneva. He is in walking distance to the Senior Center. Pat enjoys staying active by walking, playing

pool and has a renewed interest in bowling. He regularly offers his time to help set up for our monthly free lunches among his many other volunteering activities. His charming sense of humor is a true asset to the center. Thank you Pat, for your contributions.



Journey back into a time when hula hoops were hot, angora sweaters were fashionable, and poodle skirts were the talk of the town. A quartet of sisters from Muncie, Indiana, is determined to sing their way onto national television by appearing on The Ed Sullivan Show. Enjoy being a part of their debut studio audience as they knock your bobby socks off with a smashing musical revue of the 1950's, including the hits "Johnny Angel" "Mr. Sandman", and "You Belong to Me".

Join Senior Center members and see the musical, **The Taffetas**, at the Noble Fools Theater at Pheasant Run Resort. We have reserved a block of seats for the Thursday, March 19 performance at 2:00. The cost is \$22.00 a ticket. We will be meeting at the Senior Center at 1:15. Bus transportation will be provided. Space is limited. You must make a reservation by calling Gayle.

Card Bingo For Laughs

Card Bingo continues to be a favorite activity at the Senior Center. This easy to play game uses decks of real playing cards instead of bingo cards and is played Monday's at 1:00. Join us for a fun afternoon: the room is always filled with laughter.

Pinochle and Poker Updates

Last month we started both a weekly pinochle group and a weekly poker club. Both groups liked the idea and want to continue playing in the weeks ahead. If you are interested, please come join in the fun. Pinochle Group on Tuesdays at 1:00 Poker Club on Wednesdays at 1:00

The Fourth Friday Lunch Bunch The Fourth Friday Lunch Bunch will be meeting on Friday, March 27 at 12:00 at The Little Owl restaurant, 101 W. State Street, Geneva. The goal of the Lunch Bunch is to share food and conversation at various local restaurants. The Little Owl is a favorite of many Geneva residents and will be a great gathering spot.

Bowling anyone?

A group of members has been enjoying monthly bowling outings at local bowling alleys. This month we will be at **St. Charles Bowl**. Following the Fourth Friday Lunch bunch outing at **The Little Owl** (see above), we'll have three lanes of bowling reserved at 1:00. You may choose to dine and bowl or just bowl. Two lanes of bowling and shoe rental will cost \$5.25 per person. Please let Gayle know if you wish to attend.



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Please

Observe



March 2009

Check Us Out Online!

To view the newsletter and calendar online, go to <u>www.genevatownship.com</u>. Click on the Senior Center and then look at the senior newsletters. The calendar of activities will always be at your fingertips.

Going to the Movies!

Our movie buffs plan to continue movie outings at Charlestown Mall Classic Cinemas for the senior discounted Friday matinee. The challenge is that the movie times are not announced until the Wednesday before. We will post the chosen movie and the playing time as soon as we can on our bulletin board, but it cannot be announced in the newsletter. If you are interested in the \$4.00 Friday matinee, please look at the bulletin board or call Gayle. We meet on the second Friday of the month at the Charlestown Mall Cinemas.

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (*\$5.00 charge for non-residents*)
- Personal Document Shredding
- File of Life
- Notary Service
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Blood Pressure Check (2nd Monday each month)
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Free Refreshments
- Free Flu Shot Clinic

If you have any questions about these free services—or if you would like the Township to add a service to this list, give us a call at 630-232-3602.

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