



Senior Center Newsletter



Geneva Township Senior Center

400 Wheeler Drive
Geneva, IL 60134

630-232-3602
Monday - Friday
Hours 8:30 - 4:30

Geneva Township Officials
J. Patrick Jaeger, Supervisor
Sharon Brazill, Trustee
John Connolly, Trustee
Robert Kovacs, Trustee
Richard Sharp, Trustee

Gayle Kennedy
Senior Center Director



Fashion Show Models

Important Dates

“Wild Kingdom” Bus Trip	4/9
Bingo Lunch	4/21
Monthly Free Lunch	4/23
Hollywood Casino	4/27
Drivers Safety Class	4/29
	4/30



Thanks to The Men!



“Wild Kingdom” Trip to Sycamore

Friday, April 9 our bus takes us to the Sycamore Theater to view a live Wild Kingdom show **Niabi Zoo Animal Presentation**, featuring raptors, foxes, unique birds and many creatures. We will stop for lunch before the 12:30 presentation. The cost of the trip is \$6.00. You will also be responsible for the cost of your own lunch. Meet at the Center at 10:30 and we will return about 2:00. Please make your reservation early as there are only 24 seats on the bus and we have secured only 24 show tickets.

April Free Lunch on Friday the 23rd

The April FREE LUNCH will be held on Friday, April 23 at 11:30. All Geneva Township residents age 55+ and all members of the Center may call for a reservation. **Gen Hoe Restaurant** will be catering our lunch with some of their favorite offerings, all MSG free. Please note that the lunch is on Friday. Reservations will be accepted starting April 1 and we can only accommodate the first 120 requests. Please call early.

Wheeler Walkers “Back in Step”

The weather is better and the **Wheeler Walkers** are again strolling Wheeler Park on Thursdays at 9:30. Join this enthusiastic group as they enjoy the park’s scenery and fresh air. Meet at the Center and walk at your own pace, culminating back at the Center for coffee and treats.

Beginner Computer Class

A four-week computer class for beginners will begin on Wednesday, April 14 at 9:00. **Richard Schrank** has agreed to teach a second session for beginners only. This hour and a half class will begin with a basic overview of the computer, vocabulary and how to use the mouse. The goal will be to make the beginner comfortable with email and searching the web. There is a 5-person limit for this class; please call to make your reservation. You may bring in your own laptop or use our desk top computers.

Spring Senior Safety Academy

On Wednesday, April 21 from 9:00 until 12:00, join Central Kane County TRIAD's safety academy that will ask the question, "Are you prepared for a disaster?" The Kane County S.W.A.T. will be on hand to explain what situations bring them to a scene and to display some of their equipment. This safety seminar will be held at Delnor Hospital, Building 351, Conference Room 4. Please call Geneva Township to make a reservation. Raffle prizes will be given and a **free lunch** will be served.

Sudoku Part 2

Sudoku is a brain teaser number puzzle that involves logical and deductive reasoning. **Bart Machaj**, a retired Geneva High School math and science teacher, has offered to teach Sudoku Part 2. Bart's first Sudoku session was well attended, and this second class is for people with some experience, such as those working on 3, 4 and 5-star puzzles. Sudoku Part 2 will be held on Tuesday, April 13 at 11:00.

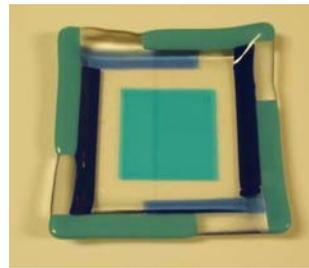
Tai Chi Exercise

A 45-minute *Tai Chi* class is held on Fridays at 10:00. **Monika** from **Delnor Community Hospital** will be leading sun style *tai chi* focusing on balance, strength and relaxation. Erase all preconceived ideas you may have and give this gentle, focused class a try. This program was designed by the Arthritis Foundation specifically for seniors and those recovering from surgery. You may drop in for any of our Senior Vitality exercise classes.

Save This Date in May for Bobby Vinton!

We have 24 tickets to see **Bobby Vinton** at **Drury Lane Theater** on Monday, May 10. This is a sold-out show! Our tickets put us in the first 7 rows. We will have lunch before the show. The cost for the luncheon, Bobby Vinton show and transportation is \$65.00. The bus will leave the Center at 10:30 and we will return before 5:00.

Glass Fusion Craft Class



Members of the Center have been offered a unique opportunity to learn glass fusion at the **Holmstad** in Batavia. On Saturday, April 24 at 9:30 we will meet at the Holmstad Creative Arts room, 700 West Fabyan

Parkway, Batavia. For the cost of \$15, each participant will learn how to creatively place strips of colored glass on a square form which will then be fired in a kiln to produce a piece of glass fusion art. These beautiful pieces can be a decorative accent among many other possible uses. You must make a reservation for this class to insure there are enough supplies. Please note this class will be held on a Saturday.

Lunch plus Bingo with Prizes



Our monthly lunch and bingo combo has been well received. Join in the fun and come for the Golden

Diners lunch at 11:30 on Wednesday, April 21 and stay for bingo with prizes. Please sign up at least two days in advance for lunch; a donation of \$3.75 is suggested but not required. Bingo begins about 12:30 and you are welcome to attend one or both events.

AARP Drivers Safety Class

A two-day Driver's Safety program will be offered on Thursday, April 29 and Friday, April 30 from 12 to 4:00 both days. This eight-hour class will review defensive driving techniques, and discuss adapting your driving to age-related changes in vision, hearing and reaction time. Following the two-day course, you may be eligible for an insurance premium discount through your automobile insurance company. This program is sponsored by **American Association of Retired Persons (AARP)**. A fee of \$12.00 for AARP members and \$14.00 for non-members will be collected at the first session. Please make your checks payable to AARP. Limited seating is available, so please call to reserve your spot.

Ongoing monthly activities

Monday

Pat's Chat and Billiards

Join the men's round table discussion at 9:30 over coffee and sweet rolls. Stay afterward and play pool.

Senior Vitality Exercise Classes

Deb from Delnor Hospital teaches stretching, flexibility and balance on Monday at 10:00 (also Thursday at 10:30).

Acrylic Painting Drop-in

The acrylic paints and brushes are provided; you supply the canvas and creativity. At 1:00 the art room is flush with artists of all abilities, creating and sharing ideas.

Card Bingo

Join in the fun at 1:00 to enjoy this unusual version of bingo using playing cards. You'll love bingo leaders Larry and Darlene!

Bridge with Lois

Lois Hoyer offers bridge seminars on the 2nd and 4th Monday's of the month at 12:30. The seminars focus on important aspects of bridge and are followed by bridge play.

Investment Club

The Wheeler Senior Investment Club (WSIC) meets the first Monday of the month at the Center at 10:00. WSIC welcomes visitors. (WSIC is not a Geneva Township sponsored or promoted activity).

Monthly Book Discussion

On the fourth Monday of the month at 10:30, our book club meets to discuss the monthly book choice.

Tuesday

Computer Assistance

Ken Johnson is available in the computer room to assist and guide computer users. Bring your questions or learn new applications related to computers from 9:00 until 11:00.

Cribbage

10:30 cribbage

Bridge

Tables of party bridge form on the porch at 12:30.

Knit / Crochet Group

The first Tuesday of the month at 1:00

Wednesday

8-ball Pool

Two are scheduled drop-in times; Wednesday at 10:30 and Friday at 9:30. Otherwise, the pool table is available at any time there isn't another activity on the porch.

Poker Club/Pinochle

Poker and pinochle players meet at 1:00.

Thursday

Wheeler Walkers

Mornings at 9:30 join this enthusiastic group and walk at your own pace through beautiful Wheeler Park.

Senior Vitality Exercise Class

10:30 stretch and balance class with Deb

Mah Jongg

1:00 mah jongg is held on the porch.

Friday

Scrapbook Drop-In

Bring your pictures and work on your scrapbook at 10:00.

Tai Chi Exercise Class

Tai Chi class at 10:00 with Monika.

Bowling

Enjoy twice-a-month bowling sessions on the second and fourth Friday of each month. The bowlers meet at 12:30 at Bowling Green Sports Center in West Chicago.

Mexican Train Dominoes

1:00 Mexican Dominoes players meet

Friday Movie Matinee

Our movies start at 1:00 on Friday; shown on the 55" screen television

Art Books

The Monday Acrylic Painting group is looking for copies of art to add to its collection to stimulate our artists' creativity. If you would like to donate books on art or beautiful scenic pictures, our artists would appreciate it.

Hollywood Casino Trip!

We will be taking a bus trip to the **Hollywood Casino** in Aurora on Tuesday, April 27! The bus will be leaving the Center at 11:00 for "Hollywood." The EPIC Buffet is available for your lunch starting at 11:30. The cost of the buffet is \$11.99 if you do not have a Player Card or \$8.99 if you do. To receive a free Player Card, go to the promotion booth and register with your picture ID. A snack bar called Take Two is also available serving sandwiches and burgers. Your time will be unscheduled allowing you to enjoy lunch, gambling or just people watching. At 3:00 when we will meet to go back to the Senior Center. The cost of this trip is \$5.00 plus lunch and gambling. This will be a popular trip and we are able to take only the first 24 persons who register. Please call early.

MENU SUBJECT TO CHANGE

2 day advance notice for lunch

TUESDAY	WEDNESDAY	THURSDAY
6		1
		<p style="text-align: center;">Vegetarian Gumbo Sandwich on Focaccia Bread: Potato Crusted Fish Filet Ham & Turkey Club <u>OR Salad:</u> Chicken Pasta Salad w/Shell Rigate</p>
6	7	8
<p style="text-align: center;">Minestrone Soup Sandwich on Sliced Wheat Bun: Philly Beef/ Roll Egg Salad Sandwich <u>OR Salad:</u> Chicken Caesar Salad</p>	<p style="text-align: center;">Savory Ground Pork & Wheat Noodle Casserole Carrots Parsley Cauliflower Soup</p>	<p style="text-align: center;">Potato & Cheddar Soup Sandwich on Marble Rye Bread: Hot Meatloaf Sandwich Corn Beef & Swiss <u>OR Salad:</u> Chef (ham, turkey, cheese)</p>
13	14	15
<p style="text-align: center;">Garden Vegetable Soup Sandwich on Brat Bun: Sheboygan Bratwurst Shaved Turkey/ Cream Cheese Cranberry <u>OR Salad:</u> BLT Chicken Salad</p>	<p style="text-align: center;">BLT Chicken Salad Mixed Greens w/ Tomato Wedges Ry Krisp Crackers Soup</p> <p style="text-align: center; font-size: 2em; color: yellow;">NO SALAD BAR</p>	<p style="text-align: center;">Soup Du Jour Sandwich on Roll: Meatball Sandwich Turkey Gobbler w/Basil Pesto Sauce <u>OR Salad:</u> Deviled Egg Salad Supreme</p>
20	21	22
<p style="text-align: center;">Corn Chowder Sandwich on Sliced Wheat Bun: Sloppy Joe Honey Turkey & Muenster Cheese <u>OR Salad:</u> Asian Chicken Salad</p>	 <p style="text-align: center;">Kielbasa Seasoned Potatoes Spinach Rye Bread Soup</p>	<p style="text-align: center;">Vegetable & Black Bean Soup Sandwich on Sliced Bun: BBQ Riblet Southwestern Ham Wrap <u>OR Salad:</u> Chicken Caesar Salad</p>
27	28	29
<p style="text-align: center;">Beef Barley Soup Sandwich on Focacia Bread: Hot Meatloaf Sandwich Ham & Turkey Club <u>OR Salad:</u> Cheese & Tortellini Salad w/ranch dressing & hard boiled egg</p>	<p style="text-align: center;">Oven Roast Chicken Thigh Mashed Potatoes & Gravy Mixed Vegetables Whole Wheat Bread Soup GENEVA FRIENDLY SENIORS</p>	<p style="text-align: center;">Mediterranean Vegetable Soup Sandwich on Sour Dough Bread : Hot Turkey Florentine Tuna Salad Sandwich <u>OR Salad:</u> BLT Chicken Salad</p>

THE SALVATION ARMY GOLDEN DINERS
 Geneva Deli 1 - 630-232-3602

SUGGESTED DONATION OF \$3.75 PER MEAL
BREAD & MILK SERVED DAILY

The Geneva Township Senior Center thanks all the generous individuals and businesses that donated to the Leprechaun Luncheon and Fashion Show to make our raffle such a great success. ALL the proceeds were donated to St. Peter Food Pantry. Thank you.

About Home	Fox Jewelers	Men's Wearhouse
Amlings Flowers	Fox Valley Ice Arena	Mike & Miguel's
Anastazia	Fox's On The River	Mill Race Inn
Angel Kisses	Francesca's By The River	Munchie P's Eatery
Annabella Salon & Spa	Fresh Market	New Balance Shoes
Apple Villa Pancake House & Restaurant	From Shaggy to Chic	Noodles & Company
Applebee's	Front Street Cantina	O'Brien's Pub & Grill
Arden Courts	Fuller's Car Wash	Old Towne Pub & Eatery
Barb Campbell	Gen Hoe	Olive Garden
Batavia Creamery	Geneva Ace Hardware & Rental	On the Border Mexican Grill & Cantina
Bed, Bath & Beyond	Geneva Cleaners	Onesti Dinner Club
Bickford Assisted Living & Memory Care	Geneva History Center	Papa Saverio's Pizza
Boston Market	Geneva Jakes	Petland
Breadsmith	Geneva Park District	Pheasant Run Resort
Burger King	Geneva Place	Provena Geneva Care Center
California Pizza Kitchen	Gino's East	Provena Pine View Care Center
Caribou Coffee	Good Cents	Qdoba Mexican Grill
Carriage Oaks	Graham's Fine Chocolates & Ice Cream	Reber & Foley Service Shop
Charlie Fox's Pizza	Gratto Italian tapas bar	Riley Drug
Chianti's	Great Clips	Rocky Mountain Chocolate Factory
Chuck E. Cheese	Great Harvest Bread Company	Sam's Club
Citizen Kane	GreenFields of Geneva	Sergio's Cantina
Claddagh Irish Pub	Grimm's Hallmark Stores	State Street Jewelers
Classic Cinemas	Hampton Inn & Suites	Stockholm's
Cocoon	Heinz Brothers Greenhouse & Garden Center	Subway of Geneva Downtown
Coffee Drop Shop	Heritage Woods	Sweet Tomatoes
Colonial Cafe	Holmstad	T.G.I. Friday's
Copper Fox	Home Depot	Taco Fresco
Corner Bakery	Hotel Baker	Target
Dan Parsons - Elder Lawyer	Houlihan's	Taylor Street Pizza
Delnor Community Health & Wellness Center	Janeen Home Décor	T-Bones
Delnor Glen	Jewel	The Chronicle
Dimples Donuts	John Christian Salon	The Healing Room Inside Soup to Nuts
Dollar Store & More	Josef's Elegante Meat & Deli	The Merra-Lee Shops
Dominick's	JP Jewelers	The Reserve of Geneva
Dress Barn	Kane County Cougars	Trader Joe's
Drury Lane	Katrina Salon & Spa	Tribella
Edible Arrangements	Kellogg/Keebler	Unique Party Rental
Egg Harbor Café	Kernal Fabyan's	Urban Grille
El Taco Grande	La Za' Za' Trattoria	Villa Verone
Erday's Gentlemen's Attire	Learning Express	Wal-Mart
Fairfield Inn & Suites By Marriott	Little Owl	Wendy Ellyn Salon
Fantastico	Lumes House of Pancakes	Wok 'N Fire
Filling Station Pub & Grill	Main Street Car Wash	Xsport Fitness
For Every Season	Malone Funeral Home	Yurs Funeral Home
Fox Fire	Margaret Matson Jewelers	Zanies Comedy Club
	McDonald's	
	Mel's Diner	

Leprechaun Fashion Show Update

The Leprechaun Luncheon and Fashion Show held on March 17, 2010 was a HUGE success! Over 125 people attended the fashion show and raffle raising over \$1400.00 to benefit the St. Peter Food Panty benefiting the people of the Tri-Cities. A big thank you to all that contributed to making this a success; Coldwater Creek, Josef's Deli, the beautiful models, volunteers, our photographer and the generous donors.. It was pleasure working with the Geneva Park District.





Senior Center

400 Wheeler Drive
Geneva, IL 60134

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Sign up to receive your newsletter, calendar and menu electronically. Just e-mail a request to Gayle Kennedy at:
gkennedy@genevatownship.com

April 2010

Friday at the Movies

On Friday afternoons at 1:00, movie matinees will be shown on Big Screen television. The month of April features Clint Eastwood movies. Check out the following movies from Eastwood's top 10 feature films list. Popcorn will be served!

Friday, April 9 – The Good, The Bad and The Ugly (1966)

Friday, April 16 - Dirty Harry (1971)

Friday, April 23 – Unforgiven (1992)

Friday, April 30 – Million Dollar Baby (2004)

April Book Club

The club will discuss, **Revolutionary Road**, by **Richard Yates**. Meeting time Monday, April 26, 2010 at 10:30.



"I love coming to the Center and enjoying playing bridge with such a great group of people."

-Marilyn Poff

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- Free blood pressure check on the 4th Wednesday of each month at 11:00
- RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (*\$5.00 charge for non-residents*)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic
- If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.